



Boron neutron capture therapy as salvage treatment for recurrent papillary thyroid carcinoma – a case report

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Abstract: A 69-year-old man diagnosed with left papillary thyroid carcinoma underwent partial thyroidectomy on July 18, 2017. Follow-up positron emission tomography (PET) revealed a residual tumor in the left thyroid bed, so he received salvage tomotherapy with 5,500 centigray (cGy) in 29 fractions, from September 21 to November 3, 2017. The patient also took adjuvant radioactive iodine (RAI)-131 twice. Nonetheless, follow-up imaging on June 29, 2018 revealed a residual lesion on the left side of the anterior neck. Boron neutron capture therapy (BNCT) for salvage management was performed at the Tsing-Hua Open Pool Reactor (THOR) on October 8, 2018. The patient received a total dose of 450 mg/kg of L-[4-¹⁰Borophenylalanine] fructose via continuous intravenous infusion. The blood boron concentration was 21.27 ppm at 2 hours post-infusion just before epidermal neutron irradiation. Mean, minimal and maximal doses of gross tumor volume (GTV) were 22.36, 19.83 and 23.60 gray equivalent (GyE), respectively. One month after BNCT, PET/magnetic resonance imaging (MRI) revealed regression of the recurrent tumor, with the maximum standardized uptake value decreasing from 17.8 to 11.7. Thyroglobulin also dropped significantly, from 55.6 to 15.1 ng/mL. The patient reported no significant side effects after BNCT. So far, most investigations have been confined to applying BNCT on patients of recurrent head and neck or brain tumor. In this study, we had the opportunity to present the outstanding treatment results of BNCT in a patient with recurrent thyroid papillary carcinoma in Taiwan. Based on the case outcome, BNCT can be used as salvage treatment for recurrent or refractory thyroid cancer.

Keywords: Boron neutron capture therapy (BNCT); papillary thyroid carcinoma; salvage treatment; quality of life; positron emission tomography (PET); linear energy transfer; case report

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Introduction

Thyroid cancer is the most common endocrine gland malignancy in Taiwan. Moreover, the prevalence of thyroid carcinoma has been increasing globally (1). According to the 2016 Taiwan Cancer Registry report, the incidence of thyroid cancer has not only increased four-fold in the past two decades, but it now accounts for 3.48% of all malignant diseases (2). Histologically, it can be divided into

differentiated (papillary and follicular) and undifferentiated (anaplastic) carcinomas. Approximately 80–90% of all thyroid cancers are differentiated, with a relatively favorable prognosis compared to undifferentiated.

The treatment for differentiated thyroid carcinoma (DTC) includes primary surgery (lobectomy/total thyroidectomy) followed by remnant ablation using radioactive iodine (RAI) (3). By contrast, undifferentiated thyroid carcinoma (UTC) lacks iodide uptake and also fails

to adequately respond to radio- or chemotherapy. Hence, considerable research, both in vivo and in vitro, has been devoted to exploring new modalities to treat UTC, such as boron neutron capture therapy (BNCT) (4,5).

BNCT is a type of radiation therapy that selectively targets malignancy by concentrating ^{10}B compound into tumor cells. When non-radioactive isotope ^{10}B atoms absorb thermal neutrons, they break up into a Li nucleus ($^7\text{-lithium}$) and α particle ($^4\text{-helium}$), which provides high linear energy transfer along an extremely short pathway ($<10\ \mu\text{m}$). This feature protects the adjacent normal tissue from destructive irradiation, enabling an immense dose gradient between the tumor cells and normal cells. In collaboration with the Nuclear Science and Technology Development Center at National Tsing Hua University, radiation oncologists at Taipei Veterans General Hospital in Taiwan have conducted multiple clinical trials since 2010 using BNCT. Most studies have tended to focus on recurrent head and neck cancer and perplexing brain tumor case.

Meanwhile, rather less attention has been paid to the application of BNCT for DTC. In some cases, recurrent DTC has lost the capability to concentrate RAI and tends to be extremely aggressive. Factors like poorly differentiated, squamous, or anaplastic foci also have a markedly detrimental effect on the prognosis of papillary thyroid carcinoma (6). Consequently, BNCT may be an alternative treatment choice for these patients. In this case study, we report the treatment experience and demonstrate the results of BNCT in a patient with recurrent thyroid papillary carcinoma in Taiwan. We present the following case in accordance with the CARE reporting checklist (available at <http://dx.doi.org/10.21037/tro-20-10>).

Case presentation

This 69-year-old man had recurrent papillary thyroid carcinoma. A palpable thyroid mass was first noted during annual checkup in May 2017. Fine needle aspiration revealed papillary thyroid carcinoma, conventional type. The patient then underwent bilateral total thyroidectomy and left neck dissection on July 18, 2017 at a local hospital. Surgical pathology confirmed unifocal papillary carcinoma of the left thyroid lobe, $0.6\times 0.4\times 0.4\ \text{cm}^3$ in size, with minimal extra-thyroid extension. The regional lymph nodes were all negative for tumor cells (0/15); hence, the pathological staging was T3bN0, according to the American Joint Committee on Cancer TNM Staging

8th edition, 2017. There was no vascular/lymphatic/perineural invasion. Cauterized tissue edges microscopically showed carcinoma involvement. Nonetheless, a suspicious residual mass with calcification attached to the trachea/esophagus (clinical stage T4a) was stated by the surgeon in an outpatient clinic note. After surgery, the patient received adjuvant thyroxine sodium supplement and visited the outpatient department on a regular basis. However, a follow-up positron emission tomography (PET) scan on August 23, 2017 confirmed a residual tumor in the left thyroid bed attached to the tracheal wall, with a maximum standardized uptake value (SUVmax) of 14.6 and another nodular lesion (SUVmax: 4.8) at the left posterior neck level Va. Thus, the patient received salvage tomotherapy with 5,500 centigray (cGy) in 29 fractions to the residual tumor and lymphadenopathies, and 4,500 cGy in 25 fractions to the bilateral lower neck from September 21 to November 3, 2017 at a second local hospital. After completing radiotherapy, the patient came to our hospital for adjuvant RAI treatment. The patient received oral iodine-131 (I-131) ablation therapy twice, 30 millicuries (mCi) on January 26, 2018 and 120 mCi on June 28, 2018. I-131 whole body scan and single photon emission computed tomography (SPECT), both performed one week after each treatment course, indicated functioning remnants in the right paratracheal region. Follow-up PET/magnetic resonance imaging (MRI) on June 29, 2018 revealed a persistent residual lesion (SUVmax: 17.8) on the left side of the anterior neck. To discuss management of the remaining tumor, a multidisciplinary team conference was held on July 19, 2018. Our otorhinolaryngologist suggested salvage laryngectomy with bilateral total thyroidectomy for the case, but the patient hesitated to accept the surgery. Therefore, BNCT was chosen in an attempt at salvage management.

First, to determine sufficient distribution of boron-containing drug inside the tumor, the patient underwent PET using 4-borono- $^2\text{-}^{18}\text{F}$ -fluoro-phenylalanine (FBPA-PET) on August 10, 2018 at our Department of Nuclear Medicine. The exam revealed a tumor-to-normal ratio (T/N) of 2.22 and a tumor-to-blood ratio (T/B) of 1.67 (*Figure 1*). Blood was referred to the blood pool in the left ventricle. Second, in order to carry out the treatment, approval was required from the Institutional Review Board (IRB) of Taipei Veterans General Hospital (TVGH) and Taiwan's Food and Drug Administration (TFDA). After we obtained the approval, a computed tomography scan was done on October 4, 2018 for treatment planning. On October

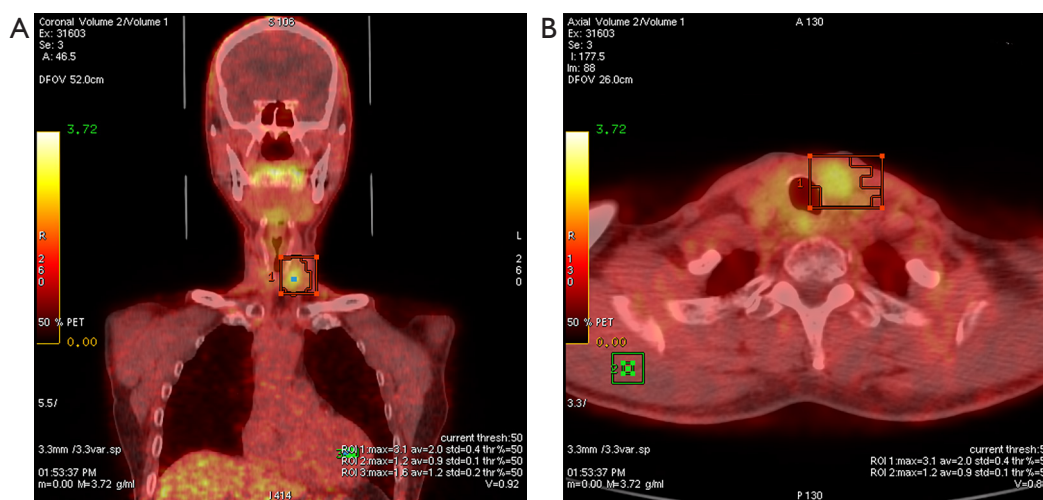


Figure 1 4-borono-s2-¹⁸F-fluoro-phenylalanine positron emission tomography (FBPA-PET) in the coronal (A) and axial view (B), taken on August 10, 2018, two months before boron neutron capture therapy (BNCT). An increased FBPA uptake was noted in the left thyroid bed (highlighted square). The tumor-to-normal ratio (T/N) of the patient was 2.22. Images courtesy of the Nuclear Medicine Department, Taipei Veterans General Hospital.

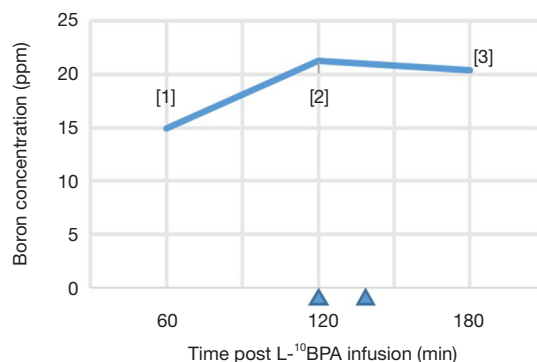


Figure 2 Blood boron concentrations at different time points during boron neutron capture therapy (BNCT), measured by inductively coupled plasma atomic emission spectrometer (ICP-AES). Courtesy of Professor Fong-In Chou's laboratory, National Tsing-Hua University. The patient's blood boron concentration was: [1] 14.92 ppm, at one hour after L-[4-¹⁰borophenylalanine] fructose (L-¹⁰BPA) infusion (180 mg/kg body weight per hour); [2] 21.27 ppm, at two hours after L-¹⁰BPA infusion (180 mg/kg body weight per hour); [3] 20.36 ppm, at three hours after L-¹⁰BPA infusion (90 mg/kg body weight per hour). After two hours of L-¹⁰BPA infusion, the patient received epidermal neutron irradiation for about 17.05 minutes. The start and end points of irradiation interval was indicated by the two arrowheads.

8, 2018, BNCT was performed at the THOR, the only epidermal neutron source in Taiwan. A sono-guided fine needle biopsy was performed on the patient's left thyroid lesion to confirm the diagnosis of recurrent papillary thyroid carcinoma.

After initial position simulation, the patient received a total dose of 450 mg/kg of L-[4-¹⁰borophenylalanine] fructose (L-¹⁰BPA) via continuous intravenous infusion.

In order to maintain a constant blood boron concentration during irradiation, the infusion formulation was designed for full infusion during the first two hours and half rate during neutron irradiation (180 to 180 to 90 mg/kg body weight per hour) (Figure 2) (7). The blood boron concentration was 14.92 ppm at 1-hour post infusion and 21.27 ppm at 2 hours post-infusion, just before epidermal neutron irradiation. After two hours of L-¹⁰BPA infusion,

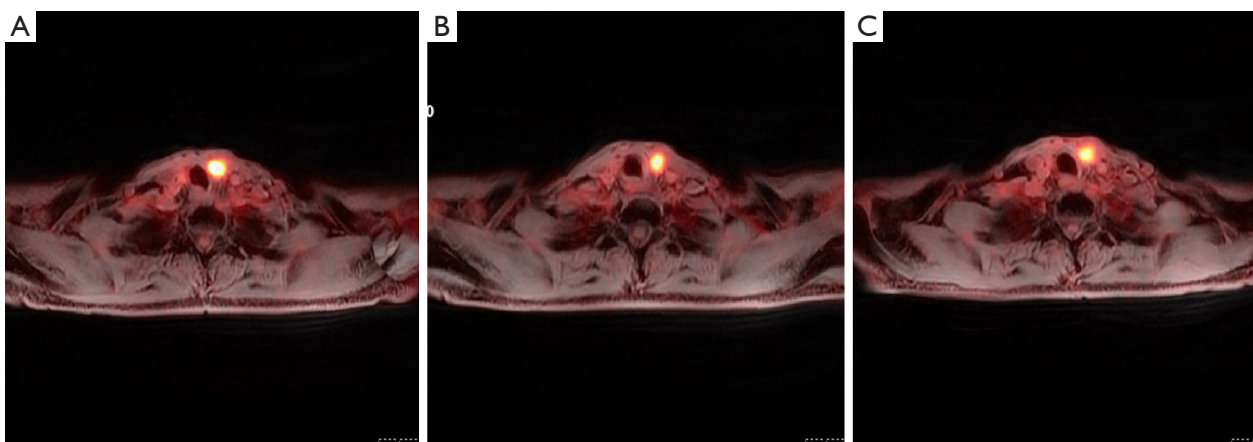


Figure 3 Comparisons of 2-¹⁸F-fluoro-2-deoxy-D-glucose positron emission tomography/magnetic resonance image (FDG-PET/MRI) before and after boron neutron capture therapy (BNCT). (A) The maximum standardized uptake value (SUVmax) was 17.8 on June 29, 2018, four months before BNCT. (B) The SUVmax was 11.7 on November 8, 2018, one month after BNCT. (C) The SUVmax was 11.3 on March 27, 2019, five months after BNCT. Images courtesy of the Nuclear Medicine Department, Taipei Veterans General Hospital.

the patient then received epithermal neutron irradiation. With the reactor operating at 1.2 megawatts, the irradiation process took about 17.05 minutes with one portal. Gross tumor volume (GTV) received a mean dose of 22.36 gray equivalent (GyE), a minimal dose of 19.83 GyE and a maximal dose of 23.60 GyE. The dosage in BNCT studies is calculated as the sum of three major contributors: the neutron dose, the boron dose, and the gamma dose. To account for the different biological effectiveness of these dose components, various weighting factors have been applied to generate a single, total weighted dose. They include relative biological effectiveness (RBE) for neutron, which was measured in animal models, and compound biological effectiveness (CBE) for boron drug, taking intra- and intercellular heterogeneity of boron distribution into consideration. In this study, RBE was 3.2 for epithermal neutron, 1.0 for gamma; CBE for 10BPA was 4.9 for mucosa, 1.3 for normal tissue.

One month after BNCT, a PET/MRI scan on November 8, 2018 revealed evident regression of the recurrent tumor in the left thyroid region compared with pre-BNCT PET/MRI, with the SUVmax decreasing from 17.8 to 11.7 (*Figure 3*). Thyroglobulin (Tg) also dropped significantly, from 55.6 to 15.1 ng/mL (*Figure 4*). The patient reported no significant side effects after BNCT. He has been followed-up at outpatient clinic every three months for one year till November 27, 2019. Thyroid sonography and MRI revealed no local recurrence nor distant metastasis. A brief clinical course of the patient was summarized in *Figure 5*.

Written informed consent was obtained from the patient for publication of this manuscript and any accompanying images. A copy of the written consent is available for review by the Editor-in-Chief of this journal.

Discussion

Among thyroid malignancies, papillary thyroid carcinoma is the most prevalent subtype, comprising 88.1% of cases for male thyroid cancer patients and 90.83% of those for females in Taiwan (2). An indolent clinical course is usually observed in this group. The mean age at the time of initial diagnosis is about 40–50 years. In addition, it includes histopathologic variants defined by growth pattern (follicular, macrofollicular, cribriform-morular, solid), size (papillary microcarcinoma), or cellular characteristics (hobnail/micropapillary, tall cell, oncocytic, columnar cell) (6).

The primary treatment for most types of thyroid tumors is surgical, either lobectomy or total thyroidectomy. Adjuvant RAI is usually administered 4–12 weeks after surgery, to destroy any remnant thyroid tissue or residual tumor. In spite of routine usage, adjuvant RAI is now selectively recommended if the largest primary tumor is 2–4 cm, or if the patient has a high-risk histology (poorly differentiated, variants of tall cell, columnar cell and hobnail), lymphatic invasion, cervical node metastasis, macroscopic multifocality, postoperative unstimulated Tg <5–10 ng/mL, microscopic positive margins or positive findings on postoperative ultrasound. Furthermore, RAI

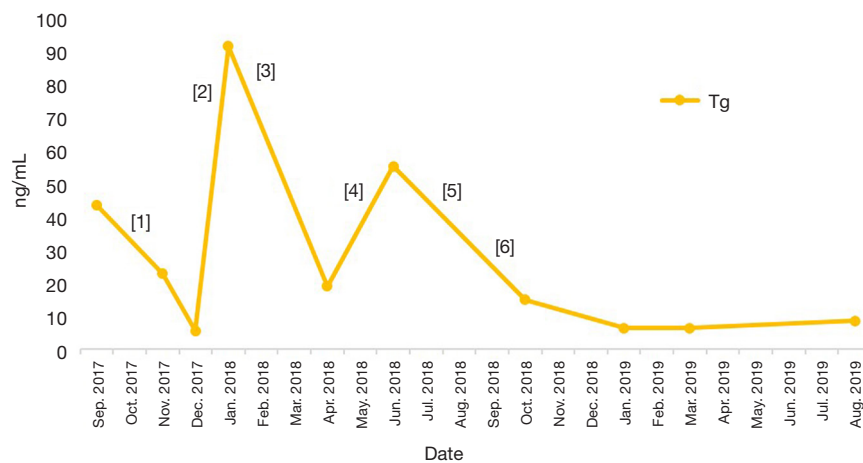


Figure 4 Serum thyroglobulin (Tg) levels during the clinical course, with the corresponding treatment time points. The patient received the following treatments at the indicated time points. [1] Tomotherapy with 55 gray (Gy)/29 fractions to the residual tumor and lymphadenopathies, and 45 Gy/25 fractions to the bilateral lower neck from September 21 to November 3, 2017. [2] Two doses of thyrogen 0.9 mg (1 cc) were given intramuscularly, on January 24 and 25, 2018, in preparation for radioiodide thyroid cancer treatment. [3] Oral iodine-131 ablation therapy with dose of 30 millicuries (mCi) was given on January 26, 2018. [4] Two doses of thyrogen 0.9 mg (1 cc) were given intramuscularly, on June 26 and 27, 2018, in preparation for radioiodide thyroid cancer treatment. [5] Oral iodine-131 ablation therapy with a dose of 120 mCi was given on June 28, 2018. [6] Boron Neutron Capture Therapy was performed on October 8, 2018.

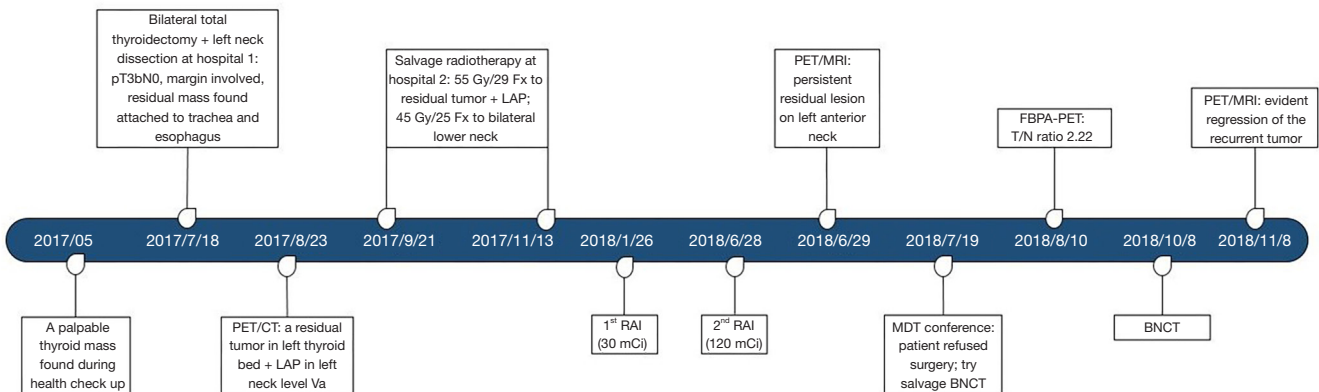


Figure 5 Summary of patient's clinical course in timeline. PET, positron emission tomography; CT, computed tomography; LAP, lymphadenopathy; Fx, fractions; RAI, radioactive iodine; mCi, millicuries; MRI, magnetic resonance imaging; MDT, multidisciplinary team; BNCT, boron neutron capture therapy; FBPA, 4-borono-s-2-¹⁸F-fluoro-phenylalanine; T/N ratio, tumor-to-normal ratio.

is typically suggested if there is any gross extrathyroidal extension; the primary tumor is >4 cm; the postoperative unstimulated Tg is >5–10 ng/mL; or there are bulky or numerous (>5) positive lymph nodes (8).

As is the case for most DTCs, papillary thyroid carcinoma maintains the typical features of the thyroid follicular cell, which takes up I-131 via sodium-iodide

transporter and causes cell death. Thus, it is usually curable with surgery and RAI. For long-term management and follow up, since it responds to thyroid-stimulating hormone (TSH), the suppression of TSH levels using supraphysiological doses of levothyroxine is recommended to decrease the rate of recurrence. In addition, the serum Tg level can also serve as a marker of recurrence or residual

disease. Undetectable serum Tg levels can reliably identify disease-free patients, with a negative predictive value close to 100% (9).

In this case, our thyroid cancer patient had an intricate clinical course. Due to the lack of pre-operative imaging and the surgical note from the first local hospital, the definite initial cancer staging, extent of tumor invasion and completeness of resection cannot be ascertained. Consequently, the rationale for choosing external beam radiation therapy (EBRT) as a first-line adjuvant therapy rather than RAI was questionable. Our patient had a pT3b papillary thyroid carcinoma of the conventional histological type, with a microscopically positive resection margin and unknown status of the residual tumor. As reported in the literature (10), EBRT is generally advised as an additional treatment for unresectable, locally advanced or metastatic disease in primarily noniodine-avid thyroid tumors. Given the nature of conventional papillary thyroid carcinoma, our patient should have responded well to adjuvant RAI. Although prior retrospective studies have demonstrated survival benefits of adjuvant EBRT (11), its selective use is suggested only in certain DTC patients (those over age 60 years with initial extrathyroidal extension but without gross residual disease; or younger patients with T4b/extensive T4a disease and poor histologic features) (12,13). An expert consensus from the 37th Annual Conference of European Society Radiation Oncology also stated the relevant indications for EBRT in DTC: pT4 tumors with a grossly positive margin (R2) and low/no RAI uptake; or surgically unresectable loco-regional recurrences with low/no RAI uptake (14). The role of EBRT in the postoperative setting of DTC remains controversial in the absence of prospective randomized clinical trials (15,16). In contrast, the application of RAI in DTC patients has been well established (9).

Since the 2000s, combatting thyroid cancer with BNCT has been extensively studied. The first clinical trial of BNCT for thyroid cancer was reported by Hiratsuka *et al.* in 2006, who reported significant effects of BNCT on unresectable papillary thyroid carcinoma (17). A serial study by Dargosa *et al.* also concentrated on treating UTC, with respect to the biochemical features of boron compounds and optimization of BNCT (4,5). Recently, Enomoto *et al.* revealed the overexpression in anaplastic thyroid cancer (ATC) of L-neutral amino acid transporter 1 protein, a key transporter of p-boronophenylalanine (BPA) into cancer cells, thus implying that BNCT may also be effective for ATC (18). So far, most investigations have

been confined to UTC or poorly differentiated thyroid carcinoma (PDTC) due to the relatively aggressive characteristics of these cancers (19). However, recurrent DTC may share the same trait and be resistant to therapeutic doses of RAI, chemotherapy and radiation therapy. The actual mechanism has yet to be revealed. In our case, the patient received EBRT prior to RAI treatment. Hence, we postulated that the papillary carcinoma had lost its ability to uptake I-131, as is typical of thyroid follicular cells after receiving a tumoricidal dose of radiation. Indeed, Dargosa *et al.* demonstrated in 2011 a similar level of BPA uptake between DTC cells and UTC cells, both in vitro and in cells implanted in nude mice (20). After our patient received BNCT on October 8, 2018, the serum Tg value had decreased from 55.6 ng/mL (June 28, 2018) to 15.1 ng/mL (October 24, 2018) and continued to decline. On the other hand, the T/N ratio for our case showed 2.22, below the expected 2.5-fold. However, because thyroid tumors are usually located at the surface of the neck, patients who presents with a low T/N ratio can also be treated well if high neutron flux is provided. PET/MRI on March 25, 2019 showed stable disease compared to the previous image taken on November 8, 2018. Follow up at our clinic showed no relapse according to thyroid function test and thyroid gland ultrasound until August 2019. The patient continued to receive levothyroxine supplements and no side effects were observed by clinicians. This case study is subject to some limitations. First, we had limited access to the patient's full medical records in two other hospitals. It hindered us from retrieving decisive details nor bridging the gaps between treatment modalities. Second, papillary thyroid tumor has been known for a rather curable disease and succumbs to therapy that were extensively studied. In contrast, there was a lack of previous research on treating recurrent or refractory papillary thyroid tumor by other management. Thus, further investigation needs to be conducted in order to explicitly evaluate the efficiency of salvage BNCT.

In conclusion, for recurrent or refractory thyroid cancer, BNCT can be used as a salvage treatment. Clinical efficacy can be achieved with no effect on the patient's quality of life. Based on the result of this case, BNCT is effective for the treatment of recurrent thyroid papillary carcinoma.

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Footnote

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